

A LITTLE HELP



Join Us in Exploring the Future of Aging

In collaboration with...



Saturday, October 6th, 8:30 a.m. to 12:30 p.m.

University of Denver Campus
Engineering and Computer Science Building
(2155 E. Wesley Ave., 5th Floor)

Join other engaged active seniors at this unique event.

We invite active adults, adult children, and caregivers to a morning filled with interactive breakout sessions. *Enjoy a light breakfast.*



Register Today!

Admission is FREE- Registration required (limited seating)

<http://dughost.imodules.com/engaging>

**For more information call
720-242-9032 or
email office@alittlehelp.org**