



dementiafriendlydenver.org

Dementia Friendly Restaurant Program

Dementia Friendly Denver is affiliated with Dementia Friendly America, a not for profit, volunteer based initiative whose mission is to make communities across America more dementia friendly and to improve the quality of life for those living with Alzheimer's and other forms of dementia and their family care partners.

Thank you for participating in the Dementia Friendly Denver Restaurant program!

Restaurants can participate in three ways:

- 1) Train servers to understand dementia basics, recognize signs that a guest may have dementia, and utilize dementia seating tips and communication skills when serving those guests and their family care partners to make their dining experience as enjoyable as possible.
- 2) Embrace the *Purple Table* reservation concept. Identify tables that are in quiet areas and encourage guests with family members with dementia to call ahead and discreetly reserve a *Purple Table*. Assign servers who have completed dementia training to those guest tables.
- 3) Consider the *Dementia Friendly Sunday Dinner* concept. On designated Sundays within the 11:00 – 2:00 time period, provide a quiet area or private dining room for families living with dementia who have made reservations. Ensure servers for the event have completed dementia communication training. Families benefit by enjoying a restaurant meal in a safe and stress free environment amidst other diners whose loved ones also have dementia. Some restaurants who have selected one Sunday per month for this event promote the concept through word of mouth and marketing materials and now host numerous family “regulars” who attend.