



**Dementia  
Friendly  
America**  
DENVER, CO

**Website:** [dementiafriendlydenver.org](http://dementiafriendlydenver.org)

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Dementia Friendly Denver is affiliated with Dementia Friendly America, a White House Conference on Aging grassroots, not for profit, volunteer based initiative whose mission is to make communities across America more dementia friendly and to improve the quality of life for those living with Alzheimer's disease and other forms of dementia and their family care partners.

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**Dementia Friendly Denver offers free one hour  
*Dementia 101 – Reducing Your Risk*  
presentations to business, government, academic  
and community groups throughout the greater Denver area.**

***Topics include:***

**What is the difference between dementia and Alzheimer's disease?**

**What are the most common types of dementia?**

**What are the warning signs for dementia?**

**Cognitive issues might not be dementia**

**How to get a dementia diagnosis**

**Dementia communication tips**

**Caregiver challenges and self-care**

**Resources available in the Denver area**

**How we can make the Denver area more dementia friendly**

**The latest promising research updates**

**Things you can do right now to reduce dementia risk or delay onset**

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Help us make the Denver area more dementia friendly by arranging a presentation for your group.

**To schedule, contact us at:**

**[dementiafriendlycolorado@gmail.com](mailto:dementiafriendlycolorado@gmail.com)**

Learn more about our work and how you can get involved by becoming a volunteer, donor, or sponsor.

**Visit our website: [dementiafriendlydenver.org](http://dementiafriendlydenver.org)**

**Thank You!**